

## **PARTICIPANT INFORMATION SHEET**

Young people aged 8-18 years

**Short Title:** STOP - A study to evaluate STOP questionnaires

### **Introduction**

We would like to invite you to participate in a research study to evaluate the online based STOP questionnaire and find out how easily young people are able to navigate and complete this online tool.

Before you decide if you want to take part, it's important to understand why the research study is being done and what it will involve for you. Please take time to read the following information carefully.

### **What is research? Why is this project being done?**

- A research study is a way we try to understand and find out information about new things.
- This research study is focused on testing the STOP questionnaire using the online based tool called Health Tracker. We want to see if young people find it easy to complete.



### **Why have I been asked?**

You are being asked to take part in this study because you are between 8-18 years old.

### **What will happen to me?**

You will be asked to complete a set of questionnaires using the web-based tool called HealthTracker™.

Most questions will ask about your mood and feelings. Please note that some questions may specifically focus on suicidal ideation and self-harm. This is because we want to see if the web-based tool will capture these feelings, should they arise. We will ask you to complete these questionnaires at 3 different time points over the course of 12 months. There is a possibility that some questions will touch on areas that are particularly difficult or sensitive. If you become anxious or upset from answering the questionnaire, you can stop completing the questionnaire at any moment.

### **What if I don't want to do the research anymore?**

You may choose to stop taking part in the study at any time. Just tell us if you don't want to take part anymore.

### **Yes, I want to take part**

If you decide that you would like to take part:

- You will sign your name on the bottom of this form to say that you have been told about the study. You will keep a copy of this piece of paper with you so you can look at it again if you need to.
- Even once you start participating in the study, you can stop at any time if you want to. If you stop that's still OK.

### **No - I don't want to take part**

- If you do not want to take part in this study then that is OK.
- If you say yes now, and then decide that you don't want to take part later then this is also OK and your family doctor will make sure that you are taken care of.

**We really appreciate your help, and you will be compensated £40 in vouchers for your time!**

**Thank you!**

